

# Hotel Biri



## **INCLUSIVE HOTEL**

### Best Western and L'abilità Onlus

working together to welcome quests with Autism Spectrum Disorders.

Best Western Italia and L'abilità Onlus have launched a project dedicated to guests with Autism Spectrum Disorders.

Inclusive Hotel is the name of the initiative and it aims to guarantee an absolutely positive stay in the hotel to people with Autism Spectrum Disorders, both children and adults together with their families and their caregiver.

This guide is dedicated to those who want to start travelling again.

The **services** and **strategies** listed in the guide are helpful in organising the trip and ensure a positive and welcoming experience in the hotel, quaranteeing a sense of **wellness** and **inclusion**.

To supplement the information provided Augmentative and Alternative Communication Tables on the hotel itself and on the destination can be found in the dedicated rooms.

We wish you a pleasant stay.

### General Information

The Best Western Hotel Biri is located in Padua in Via A. Grassi 2.

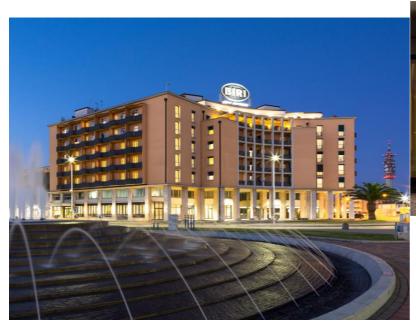
The hotel staff has been trained and is aware of the characteristics of people with autism spectrum disorders, of their special needs, and knows how to make the hotel fully inclusive.

Donatella Boscaro is **responsible** for the Inclusive Hotel project at Best Western Hotel Biri.

You can contact her by e-mail at <a href="mailto:direzione@hotelbiri.com">direzione@hotelbiri.com</a> or by phone +39 0498067700.

#### Do not hesitate to contact her:

- for more information
- to book a room that is adequate to the needs of a person with ASD
- to communicate any special needs





### Check-In and Check-Out

The lobby of the **Best Western Hotel Biri** is divided into two areas: one in front of the Reception desk and one behind it.

There are two doors to access the hotel. The first one is a sliding door, and the second one is a hinged door. The Reception desk is on the right. Next to the Reception, there is a small area with a glass coffee table, a brown sofa and two brown armchairs. On the table, there are some newspapers and a small plant.

There is a clothing showcase and a bookcase corner with two red sofas and a table. Next to the Reception desk, there is an internet point with a monitor, keyboard, mouse, and printer. Behind the Reception, there is a door that leads to the TV area and the Bar area.

The lobby is 300 sqm. and at peak times crowding and increased waiting times could induce sensory overload.

During the day, the most crowded times are:

• between 07:00am and 08:30am

between 06:00pm and 08:00pm

It is therefore advisable to check-in and check-out outside these hours. Alternatively, guests can verify the actual crowding by calling Reception.



# Common areas



No **neon** lighting.



Low volume background music.

spaces	location	characteristics
Lobby	Ground floor	<ul> <li>TV tuned to news channels (video only), and a screen with hotel information</li> <li>Decors: diffusers, mirrors, abstract paintings, pictures of Padua, vending machine with drinks and snacks, green plants</li> </ul>
Bathroom	Ground floor	<ul> <li>1 bathroom near the meeting rooms with a bathroom access room, classic sink, manual flush toilet, automatic hand dryer</li> <li>1 bathroom near the Bar, access under the staircase, bathroom access room, classic sink, manual flush toilet, paper towels</li> </ul>
Bar	Ground floor	<ul> <li>Next to the lobby</li> <li>TV tuned to music channels (low volume), wooden chairs and tables</li> </ul>
Fitness Room	Ground floor	<ul> <li>Technogym equipment (stationary bicycle, treadmill, multifunctional fitness chair), weights, Swedish wall bar</li> </ul>
Breakfast Room	7th floor	<ul> <li>Square wooden tables with white chairs, white table mats and napkins</li> <li>Marble floor with large glass windows, green plants</li> </ul>
Restaurant	7th floor	<ul> <li>Round tables with dark chairs, white tablecloth, light-coloured napkins, small plants at the centre of each table</li> <li>Wooden floor with large glass windows, wine bottle display, green plants</li> <li>Outside, there is a terrace with sofas and tables in rattan, barrel tables, artificial grass, and a 120 cm parapet</li> </ul>







#### Room

The rooms dedicated to clients with ASD are equipped with features that can help in the case of atypical sensory reactivity:

- there are no neon lights but soft lighting
- the room is located far from noise sources
- cleaning products are fragrance free
- air fresheners are not used

The **bedding** is white with a brown runner. A duvet is available to guests. For specific needs, guests are allowed to bring with them their own **personal items** (**blankets** or **cushions**) and the staff will make the bed.

There is a tilt-and-turn window that fully opens, and the room can be completely darkened. There is an open wardrobe, a safe, and a minibar with soft drinks and snacks. There is also a directory with hotel information, a pen, a notepad, a phone, and a kettle.

The bathroom, with window, has a shower and there is also a complimentary kit.

For room service please dial n° 9.

Please contact Reception for any assistance you may need.

You will also find augmentative and alternative communication material in your room

concerning:

- Breakfast menu
- Rules of behaviour
- Communication tables
- An information sheet on Padua and its surroundings



### Restaurant

Inside the Best Western Hotel Biri there is "Le Terrazze" restaurant.

It is located on the 7<sup>th</sup> floor, just after the Breakfast Room. To access the restaurant, guests must go through a veranda corridor.

A table will be reserved for you in an area of the restaurant free from anything that could induce sensory processing disorder, away from busy passageways.

At the restaurant, dinner is served from 07:30pm to 10:00pm, from Monday to Friday.

The times of increased client influx, that may lead to a higher risk of sensory overload are from 08:00pm to 09:00pm.

Background music is played at a low volume.

Guests can bring their own food and drink at the table.

If you communicate any **special needs** in advance, the hotel kitchen will do their best to satisfy your requests.





### Breakfast Room

Breakfast is served in the breakfast room on the 7th floor.

A table will be reserved for you in an area of the restaurant free from anything that could induce sensory processing disorder, away from busy passageways.

In the Breakfast Room, breakfast is served from 07:00am to 10:00am.

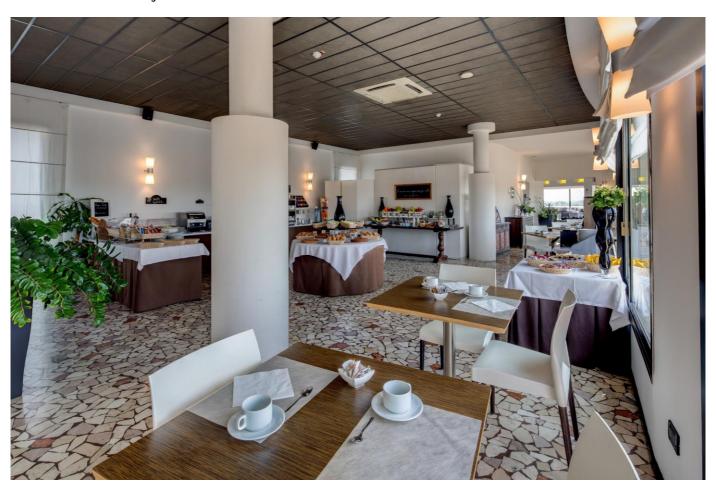
The times of increased client influx, that may lead to a higher risk of sensory overload are from 07:00am alle 08:30am.

Background music is played at a low volume.

Guests can bring their own food and drink at the table.

If you communicate any **special needs** in advance, the hotel kitchen will do their best to satisfy your requests.

You will also find in your room, the breakfast menu with augmentative and alternative communication symbols.



### Hotel Information

The Best Western Hotel Biri is located in the commercial, financial, exhibition, and industrial heart of Padua.

A comfortable hotel that offers a friendly and magical atmosphere, thanks to the lovely terrace overlooking an incomparable view of the city, with the Basilica of Sant'Antonio and the charming Colli Euganei.

The Railway Station and the city centre are just 10 minutes away.

The hotel is strategically positioned to quickly reach Venice (40 km), Colli Euganei, and the Brenta Riviera.

The bus stop (n° 10 and n° 09) is just 100 mt. from the hotel. The timetable is available at Reception (the last bus ride is at 09:00pm).

The hotel has a free large car park, a charged private car park, and an electric charging station.

At 300 mt. there is a pharmacy, a shopping centre, and a post office.