



# GLOBUS HOTEL

# INCLUSIVE HOTEL

**Best Western** and **L'abilità Onlus** working together to welcome guests with Autism Spectrum Disorders.

Best Western Italia and L'abilità Onlus have launched a project dedicated to guests with Autism Spectrum Disorders.

Inclusive Hotel is the name of the initiative and it aims to guarantee an **absolutely positive** stay in the hotel to people with **Autism Spectrum Disorders**, both children and adults together with their families and their caregivers. This guide is dedicated to those who want to **start travelling again**.

The **services** and **strategies** listed in the guide are helpful in organizing the trip and ensure a positive and welcoming experience in the hotel, guaranteeing a sense of **wellness** and **inclusion**.

To supplement the information provided **Augmentative and Alternative Communication Tables** on the hotel itself and on the destination can be found in the dedicated rooms.

**We wish you a pleasant stay.**

## General Information

The **Best Western Globus Hotel** is in Rome in Viale Ippocrate, 119.

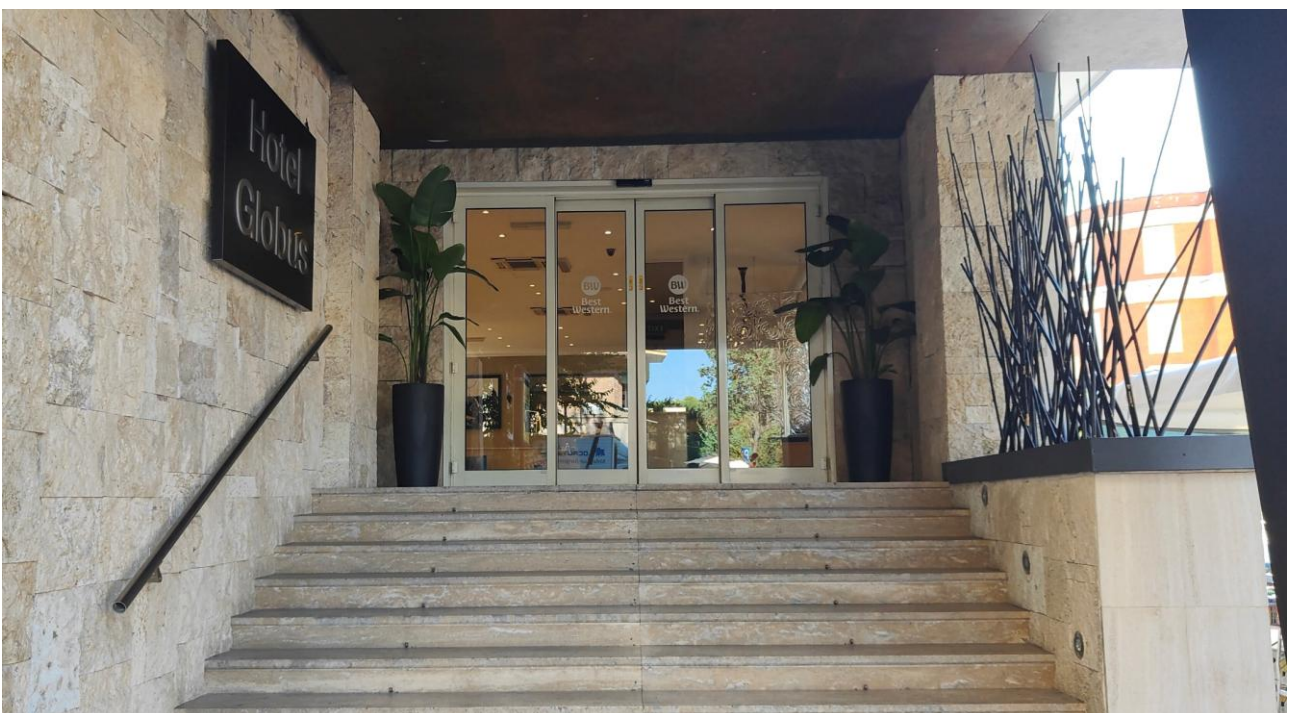
The hotel staff has been **trained** and is **aware** of the characteristics of people with **Autism Spectrum Disorders**, of their special needs, and knows how to make the hotel **fully inclusive**.

**Damiano Di Resta** is the responsible for the Inclusive Hotel project at Globus Hotel.

You can contact him by e-mail at [damiano.diresta@globushotel.com](mailto:damiano.diresta@globushotel.com) or by phone on +39 06.4457001.

**Do not hesitate to contact him:**

- for more information
- to book a room that is adequate to the needs of a person with ASD
- to communicate any special needs
- to communicate your time of arrival



## Check-In and Check-Out

The lobby of the Globus Hotel is a welcoming and cozy atmosphere, with sofa to guarantee a comfortable time with a welcome desk equipped with drinks and snacks, as well as an internet point with a PC.

The lobby is wide (77sq metres) and, at peak times, **crowding** and **increased waiting times** could induce **sensory overload**.

During the day the most crowded times are:

- between 09:00 and 11:00
- between 13:30 and 15:00
- between 18:00 and 20:00

It is therefore advisable to check-in and check-out outside these hours.

The hotel has a welcoming desk open 24 hours.



## Common areas

☹️ No neon lighting.

🎵 Low volume background music.

Spaces	Location	characteristics
Lobby	Main floor	<ul style="list-style-type: none"><li>• Yellow and blue sofa</li><li>• Square wooden tables</li><li>• Welcome desk for guests</li><li>• Internet point</li><li>• Relax zone</li></ul>
Restaurant	-1 Floor	<ul style="list-style-type: none"><li>• Glass door</li><li>• Bar area with coffee machine</li><li>• Area dedicated to breakfast and lunch buffet</li><li>• Tables with chairs and benches with domino design backrests</li><li>• Toys for children</li></ul>
Bathroom	-1 Floor	<ul style="list-style-type: none"><li>• WC service with mirrors, electric towels and automatic lights off</li></ul>
Relax zone	-1 Floor	<ul style="list-style-type: none"><li>• Yellow and blue Sofa</li><li>• TV screen always on with possibility of switching off by the guests</li><li>• Plush bear 180 cm tall</li></ul>





## Room

The rooms dedicated to clients with ASD are equipped with features that can help in the case of **atypical sensory reactivity**:

- there are no neon lights but soft lighting
- the room is located far from noise sources
- fragrance free cleaning products
- air fresheners are not used

The **bedding** is white and a duvet is available to guests.

For specific needs, guests are allowed to bring with them their own **personal items** (**blankets** or **cushions**) and the staff will make the bed.

The rooms are neutral in colour, lit with **lamps with warm light** and are positioned upwards, for a delicate diffusion.

The **windows** are fully open, with double security locks and natural light can be adjusted through shutters or blackout curtains.

The rooms are equipped with bathtub or shower.

In the room there is a desk, a minibar and a kettle with tea, herbal tea, and soluble coffee.

For **room service** please dial reception n. 91 or n. 121

Please contact Antonio Casablanca for any **assistance** you may need at 06.4457001 or 350 0669011.

You will also find **augmentative and alternative communication** material in your room concerning:

- Breakfast menu
- Rules of behaviour
- Communication tables
- An information sheet on Rome



## Restaurant

The Game restaurant is located in the low floor.

**A table will be reserved** for you in an area of the restaurant free from anything that could induce sensory processing disorder, away from busy passageways.

At the restaurant:

- Breakfast from 07:00 to 10:00 am
- Lunch from 00:30 alle ore 03:00 pm
- Dinner from 07:00 alle ore 10:00 pm

The times of **increased client influx**, that may lead to a higher risk of sensory overload are:

- Breakfast time from 08:30 to 09:30 am
- Lunch time from 01:30 to 02:30 pm

**Background music** is played at a low volume.

Guests can bring their **own food and drink** at the table.

If you communicate any **special needs** in advance, the hotel kitchen will do their best to satisfy your requests.

You will also find in your room, the breakfast menu with **augmentative and alternative communication** symbols.



## Hotel Information

The **Best Western Globus Hotel** is located near the Policlinico Umberto I and the University of Rome "La Sapienza". Connected by **metro B** (Policlinico) about 300 m and by public transport with the railway stations Termini and Tiburtina, as well as airports and the main areas of Rome close to the city center.

You can easily reach Baths of Diocleziano and Piazza della Repubblica on foot.

- **Distance to Termini Station:** 1,5km connected with Metro B (Policlinico) and direct bus nr. 310 with stop in front of the hotel
- **Distance to Tiburtina Station:** 1.7 km connected with Metro B (Policlinico) 2 stops from the station.
- **Distance to Colosseum:** 3.3 km connected with Metro B with 4 stops in the direction of Laurentina.
- **Distance from San. Pietro / Vatican City:** 7 km with Metro B with line change A Termini to Ottaviano or with Tram nr. 19 from Viale Regina Elena to Piazza Risorgimento.
- **Distance from Piazza di Spagna to Fontana di Trevi:** 4.5 km connected by Metro B to Termini with Metro line A to Spain.
- **Nearest pharmacy distance:** 350 mt
- **Distance Nearest supermarket:** 450 mt
- **Distance to nearest Emergency Policlinico Umberto I:** 1 km